

# Young Apprentices

A RESOURCE FOR THE OCIA

## MYSTAGOGY: CHRIST IS PRESENT

Third Sunday of Easter • Year A • April 19, 2026

Loving God,  
open my eyes to see you  
present in creation.

Open my ears to hear you  
present in the kind words  
others say to me.

Open my heart to know  
you are present when others  
serve and help me.  
Amen.



### Sunday Word

**Acts 2:14, 22-23**

**Psalms 16:1-2, 5,7-8,9-10,11**

**1 Peter 1:17-21**

**Luke 24:13-35**

The above readings are available at  
[usccb.org/bible/readings](http://usccb.org/bible/readings).

### To Help You Remember



1. The First and Second Readings both speak of God raising Jesus from the dead.
2. The disciples on the road to Emmaus did not recognize the stranger walking with them as Jesus. Only in the breaking of the bread were their eyes opened, "and they recognized him."
3. When we gather for the celebration of Mass, Christ is present to us in the Word, in the Eucharist, in the priest, and in the assembly.

## With My Family



### Deepen

All along your faith journey, to this very day, you have discovered wonderful things about God, the Church, yourself, and other believers.

A good portion of your journey has been spent listening to and thinking about the Word of God. You have been at Mass for the Liturgy of the Word, thought about the Word's saving message, and worked to put that message into practice in your life.

**With your family,** talk about Christ present in the Word. Share your favorite stories in God's Word and the message of those stories. Take time to read a favorite Scripture story together.

### Meditate

When the disciples on the road to Emmaus recognized Jesus in the breaking of the bread, they were so excited that they returned to Jerusalem to tell the other disciples. The other disciples greet them with their own amazing news of having encountered the Risen Lord! You too have now met and discovered the Lord in a new, special way, in the Eucharist.

**With your family,** talk about Christ present in the Eucharist. How does it feel to be able to receive Jesus in the bread and in the wine, in his Body and in his Blood? What difference does receiving the Eucharist make in your life?

### Share

The words *companion* and *company* come from two Latin words that mean "with" and "bread." One thing that companions often do is break bread with, or share a meal with others. When people have company, they often share meals together too.

When the Catholic community gathers for Mass, they participate in Christ's sacrifice and share in the Eucharistic meal. What is special about this meal? What does it tell you about God? What does it tell you about the Catholic community?

**With your family,** name some of the people with whom you share the Eucharistic meal. Take time to pray for them by name.

### Do

Celebrate friendship, and the many companions God has given you.

**With your family,** invite some friends to lunch or supper. Plan the meal together. At the meal, talk with your friends about the exciting things that are happening in your lives.