

# Mystagogy Session

APPRENTICES IN FAITH: A Resource for the OCIA  
Fifth Sunday of Easter • Year C • May 18, 2025

## Catechist Preparation

### Readings

Acts 14:21-7  
Psalm 145:8-13  
Revelation 21:1-5a  
John 13:31-33a, 34-35

### Liturgy of the Hours

Read and pray "The Wedding Feast of the Lamb," the First Reading from the Liturgy of the Hours, Office of Readings for the fifth Sunday of Easter.

## Mystagogy Session Guide

(Approximately 60 minutes)

If possible, gather in the worship space around the altar. If this is not possible, prepare the space with chairs, a candle, an unconsecrated host on a paten, and unconsecrated wine in a chalice. Provide name tags and have some refreshments available.

### Welcome

Greet the participants as they arrive and allow time for informal conversation.

### Deepen

1. Invite the neophytes to recall the night of their first Holy Communion. Use these or similar questions to guide their reflection:

*As the time for your first Holy Communion was approaching, what were you thinking about and feeling?*

*What was the first experience of receiving Jesus like for you? What is your experience now that you have received Holy Communion several times?*

*When you think about the depth of love that Jesus has for you, how do you respond?*

*What questions do you have about the Eucharist and its celebration?*

2. After some time for quiet personal reflection, invite the participants to share some of their thoughts with another person. Then invite volunteers to share with the large group.

3. Summarize or provide the group with time to read the **Deepen** section on the participant handout.

### Meditate

1. Proclaim the Gospel (John 13:31-33a, 34-35), then invite the group to discuss the following questions.

*What does the New Commandment, to love one another, mean to you?*

*What is the cost of your living this New Commandment?*

*What needs to change in our lives, in our communities, and in our world in order that this New Commandment might be achieved?*

2. Ask the participants to read and reflect on the material in **Meditate** section of the participant handout.

### Share

1. Read and discuss the **Share** section of the participant handout.
2. Discuss the different parts of the Mass. If possible, show the neophytes the *Roman Missal* and point out the rubrics contained within it.
3. Explore the participants' understanding and experience of the various parts of liturgy. Ask them to share the ways these parts and aspects prepare us and draw us into the celebration of the mystery of the Eucharist.

### Act

Remind the neophytes that the Eucharist is the food for our living the New Commandment to love God and love one another as Jesus loves us. Ask the participants to share ways that we can be peacemakers in the world. Explore how the Eucharist can help us to do this.

### Pray

Use the prayer from the participant handout as the closing prayer.