

Young Apprentices

A RESOURCE FOR THE OCIA

CATECHUMENATE SESSION: THE NAME AND TITLES OF JESUS

Second Sunday in Ordinary Time • Year A • January 18, 2026

**Lamb of God, you take away
the sins of the world,
have mercy on us.**

**Lamb of God, you take away
the sins of the world,
have mercy on us.**

**Lamb of God, you take away
the sins of the world,
grant us peace.**

Communion Rite, *Roman Missal*



Sunday Word

Isaiah 49:3, 5-6

Psalms 40:2, 4, 7-8, 8-9, 10

1 Corinthians 1:1-3

John 1:29-34

The above readings are available at
usccb.org/bible/readings.

To Help You Remember



1. Today is the second Sunday in Ordinary Time. The word *ordinary* comes from a Latin word meaning “to count.” We count the Sundays of Ordinary Time from now until the first Sunday of Lent, and again after the Solemnity of the Most Holy Body and Blood of Christ through the Solemnity of Our Lord Jesus Christ, King of the Universe.
2. Paul reminds those in the Church of Corinth that they are called to be holy.
3. John the Baptist refers to Jesus as the “Lamb of God, who takes away the sins of the world” and as the Son of God.

Key Teachings



The Name of Jesus

In Hebrew, *Jesus* means “God saves.” Jesus is our Savior. He suffered, died on the Cross, and was raised from the dead to free us from sin.

Titles of Jesus

The four most important titles of Jesus are **Lord**, **Christ**, **Son of God**, and **Son of Man**.

Lord is a title of honor, much like we would use “sir” today. In the writings of Saint Paul, *Lord* refers to the one who sits at the right hand of the Father and who will come in glory at the end of the world.

Christ comes from the Greek word meaning “messiah” and points to Jesus as the fulfillment of the Old Testament prophecies.

Son of God describes Jesus’ unique and eternal relationship to his heavenly Father.

Son of Man is mentioned in Daniel 7:13-17 and is used by Jesus himself to explain his earthly mission as Suffering Servant and Savior.

Search the Bible



The Gospel of John contains many other titles for and images of Jesus. With your family, read the following Bible verses to find a few! Talk about why these are good titles and images for Jesus.

- John 1:1
- John 1:38
- John 6:48
- John 8:12
- John 10:11
- John 15:1

With My Family



We Listen

In the First Reading, the prophet Isaiah tells us that we are God’s servants and that God is our strength. In the Second Reading and the Gospel, we hear about Paul and John the Baptist, who are also servants of God. God gives Paul strength to preach about Jesus. God gives John the Baptist the strength to tell others that Jesus is the Son of God. In what ways does God give you strength?

We Believe

In Jesus’ time, some people offered lambs and other animals as a sacrifice, or as an offering to God. This is part of why we say Jesus is the Lamb of God. Jesus’ sacrifice of his life and his Death on the Cross freed us from sin.

We Live As Disciples

God gives us strength to be faithful disciples of Jesus, who is the Lamb of God. Being a follower of Jesus means that we make sacrifices to help others. Think of a sacrifice you can make tomorrow. Perhaps you could do the dishes instead of watching television. Or maybe you could let someone go before you in the recess line or lunch line at school.

We Pray

Pray the Lamb of God on the front of this page. Then talk with your family members about what it means to “have mercy.” How do you show mercy to others in your family? To people at school or work?