

Young Apprentices

A RESOURCE FOR THE OCIA

INQUIRY SESSION: MASS



My Story

We each have activities that we enjoy doing. Our favorites might include sports, music, cooking, or dancing. Or our favorite activity might be something more personal such as reading, writing or drawing in a journal, or praying.



AND THINK

- What activities do you look forward to doing each day or each week?
- How do you feel when you have to miss doing those activities?



God's Story

Jesus celebrated the Last Supper with his disciples. Before sharing that special meal with them, he washed their feet as an example of humble service and a reminder of his Commandment to love.

Jesus gave the disciples the bread, saying, "This is my body, which is given for you. Do this in remembrance of me" (Luke 22:19). He gave them the cup of wine. "Drink from it, all of you; for this is my blood . . . which is poured out for many for the forgiveness of sins" (Matthew 26:27-28).

KEY



POINTS

- At every Sunday Mass we remember the Last Supper and the words Jesus said.
- We also share in the Eucharist, the meal of Jesus' love.
- The second part of the Mass is called the Liturgy of the Eucharist.



Our Response

Those preparing for Baptism at Easter join the Church for the first part of the Mass, the Liturgy of the Word. Then they are dismissed, or sent forth, to prepare for the time when they will share in the Eucharist.



STOP & SHARE

- What important things in life are you preparing for right now?
- What are you doing in order to prepare for these things?

Sharing God's Word

With your family, read one or more of the Scriptures listed below. Share what each passage says about the **Mass**.

Genesis 14:18
(The Four Kings)

Luke 4:13-32
(The Appearance on the Road to Emmaus)

Acts 2:42, 46
(Communal Life)

The above readings are available at
usccb.org/bible/readings.

Faith Words

Eucharist

The Eucharist is the final Sacrament of Christian Initiation in which Christ's loving sacrifice of himself is made present and we receive the Body and Blood of Christ.

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Real Presence

The Real Presence of Christ in the Eucharist means that Jesus is totally and truly present in the bread and in the wine, his Body and his Blood.

Witness of Faith



Saint Justin Martyr (100–165)

Justin came from a family that did not worship God. He spent many years seeking something or someone to believe in. A chance meeting and talking with a Christian led him to believe in and to give his life to God. In writings known as the *First Apology*, Saint Justin wrote about the way the Mass was celebrated in the second century. It is almost the same as Mass today. Saint Justin wrote that on Sunday Christians gathered in one place, the Scriptures were read, a homily was preached, people donated gifts for the poor, bread and wine and water were brought forth, the presider led the prayer, and the people received Holy Communion. He also stated that the deacons took Holy Communion to those who were absent. The Church celebrates the Feast of Saint Justin Martyr on June 1.