

Young Apprentices

A RESOURCE FOR THE OCIA

INQUIRY SESSION: PRAYER



My Story

You may enjoy watching TV, reading a good book, listening to your favorite music, talking on the phone or texting, or gaming on a computer or portable device. There are many ways to fill time. But you need quiet time, too—time to be still and listen to your heart.



AND THINK

- Where do you go to listen to your heart?
- When do you most need to take time to do so?



God's Story

Every day we trust others. We trust our parents to take care of us and our brothers and sisters to support us. We trust our teachers to help us learn and we trust our friends to treat us with kindness.

In the same way, we place our trust in Jesus. Jesus shows us the way to live holy lives. He saves us from sin and evil.

KEY



POINTS

- In prayers of praise, we praise God for his goodness.
- In asking prayers, we ask for the good things only God can give.
- In prayers of petition, we ask God to help us or to help others.
- In all our prayers, we show God that we love him, we need him, and we depend on him.



Our Response

We can get so busy with things that we forget to talk to our friends. It is important to communicate with them, and with God.



STOP & SHARE

- Do you set aside special time to talk with God?
- When you pray, do you remember to praise God?
- Do you remember to pray for others, too?

Sharing God's Word

With your family, read one or more of the Scriptures listed below. Talk about what each Scripture tells us about **prayer**.

1 Samuel 3:1-11

(Revelation to Samuel)

Mark 1:35

(Jesus Leaves Capernaum)

Luke 11:9-13

(The Answer to Prayer)

The above readings are available at usccb.org/bible/readings.

Faith Words

The Lord's Prayer

The Lord's Prayer, or Our Father, is the prayer of all Christians. It is the prayer that Jesus taught his disciples and gave to the Church. Christians pray the Lord's Prayer every day.

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prayer of intercession

Praying for the needs of others is called a prayer of intercession. We pray for our families and friends. We pray for all people in need.

Witness of Faith



Saint Teresa of Jesus (1515–1582)

Saint Teresa of Jesus (Saint Teresa of Ávila) loved to read stories about the saints with her brother, Rodrigo. When she was eighteen, Teresa became a nun. As time went on, she found that she did not want any more things. She only wanted a closer relationship with God. She taught others to live simply and to spend more time in prayer. Saint Teresa could pray in silence for many hours at a time. She wrote books about prayer and about how to worship God. She was joyful and beautiful, and so wise that she was the first woman to be named a Doctor of the Church. The Church celebrates the Feast of Saint Teresa of Jesus on October 15.